

# HOLLIS PARK DISTRICT



JUDO CLASSES OFFER FITNESS, FUN AND SELF-CONFIDENCE. GEORGE WEERS (BLACK BELT 7TH DEGREE) IS A CERTIFIED MASTER COACH WITH 50 YEARS OF JUDO EXPERIENCE. HE HAS COACHED AT THE US OLYMPIC TRAINING CENTER AND NATIONAL JUDO INSTITUTE, DIRECTED NATIONAL TRAINING CAMPS AND HAS SERVED ON THE US JUDO ASSN BOARD OF DIRECTORS FOR 10 YEARS.

**FOR AGES 6+**

**Tuesday and Thursday**

**8am-9am Competitive Training**

**6:30-8pm Judo Classes**

**JUDO  
CLASSES**

**Daily: \$6**

**Monthly: \$25 Resident \$30 Non-Resident**

**Hollis Park District Recreation Center**

**10107 S. Vine St. Mapleton**

**309.697.2944**