

HOLLIS HAPPENINGS

JANUARY 2020

New Software Updates

Hollis Park District has gotten a new software program, that will allow you to register for activities or create rentals in the comfort of your own home! Please go to HollisParkDistrict.com and click on the Create New Account Link to open your account.

We look forward to enjoying this enhanced registration experience with you!

Senior Potluck 2020

It's a new year and we are starting the Senior Citizens Potluck off again, starting with a breakfast bar on January 29th. Stop by the Rec Center to pick up our monthly schedule to see what each potluck is serving every month!

This month's potluck will be on Wednesday, January 29th, from 12pm-2pm, and is free to attend.

Holiday Memberships

This is the last month to take advantage of our holiday discounted memberships! When you pay in full. For the price of a 12 month membership, you'll get 1 month free!

This offer will only be available until January 31st, 2020.

Look on **backside**
for classes we
offer annually!

Hollis Park District has programs and activities for children and adults. Registration dates are included in the information for each program. If you should have any questions please call the Hollis Recreation Center @ 309.697.2944

10107 S. Vine Street, Mapleton, IL 61547
Phone: 309.697.2944 (1) | www.hollispark.org
Visit our Facebook @ **Hollis Park District**

Staffed Hours

Mon-Thurs.....8am-8pm
Friday.....8am-4pm
Saturday.....8am-1pm

Go on our website @ www.hollispark.org to register for our newsletter. Make sure to like our Facebook page for updates on Hollis Park events.



Register for Youth Volleyball from January 27 through February 8, there will be a late fee of \$15 after February 9.

2020 Youth Volleyball

A volleyball clinic for Kindergarten - 3rd graders to learn the game of volleyball through drills and having fun. A great way to learn and play volleyball. Volunteer coaches are needed.

Coaches/Coordinators: Jenna Dunn and Kendra Parker
Min: 10 Max: 20 {for registration numbers}

Ages: Kindergarten - 3rd graders

Days: Tuesdays

Time: 4:30-5pm (K-1st graders)

5:15-6pm (2nd-3rd graders)

Location: Illini Bluffs Elementary School Gym

Cost: K-1st graders \$25.00 resident \$30.00 non-resident

2nd-3rd graders \$25.00 resident \$30.00 non-resident

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Aerobic Kickboxing

Join **Instructor Jim Hartman**, in this high impact, aerobic kickboxing class where you can expect a full-body workout that engages every muscle group with a focus on your core.

At the Rec Center on Wednesdays @ 4:30pm-5:30pm. Prices are \$6 (Daily), \$12.50 (Monthly | Resident), \$15 (Monthly | Non-Resident). Must be 16 yrs or older.



Yoga

Join **Instructor Gayle Carrillo**, in exploring the many benefits of Yoga tailored to fit you. Enjoy relaxation, rejuvenation healing, and strengthening all in one. No prior experience required. No equipment necessary but dress comfortably.

At the Butler Haynes Pavilion on Mondays & Wednesdays @ 7pm-8pm. Prices are \$6 (Daily), \$25 (Monthly | Resident), \$30 (Monthly | Non-Resident).

Shotokan Karate

Join **Instructor Jim Hartman, 6th degree Black Belt**, in improving your physical and mental strength, health and fitness, stress management, and self-esteem.

At the Rec Center on Mondays & Wednesdays @ 6pm-8pm. Prices are \$6 (Daily), \$25 (Monthly | Resident), \$30 (Monthly | Non-Resident).

Jiu-Jitsu

Join **Instructor David Bleeker, Black Belt**, in an ancient form of martial arts from which Judo and Brazilian Jiu-Jitsu have evolved. The art involves throws, submission maneuvers, and ground play.

At the Rec Center on Mondays & Wednesdays @ 6:30pm-8pm. Prices are \$6 (Daily), \$25 (Monthly | Resident), \$30 (Monthly | Non-Resident). Must be 18 yrs or older.

Community Coffee

Join us for a cup of coffee or tea and visit with your community! Work on the community puzzle, watch TV, read the paper and socialize with your neighbors.

Every Wednesday at the Rec Center from 9am-12pm.



Judo

Join **Instructor George Weers, Black Belt**, in Judo classes that offer fitness, fun, and self-confidence. Participants will develop basic principles of coordination, balance, falling safely, and techniques.

At the Rec Center on Tuesdays & Thursdays @ 6:30pm-8pm for adults and kids. 8am-9am for competitive practice. Prices are \$6 (Daily), \$25 (Monthly | Resident), \$30 (Monthly | Non-Resident).

Senior Potluck

Come join us each month for food, stories, and BINGO. The park district provides the main dish and we ask that everyone bring a side to share.

At Butler Haynes Pavilion on January 29th from 12pm-2pm. FREE for anyone 55 yrs and older.