

Yoga Yoga Yo



Join instructor Gayle Carrillo to explore the many benefits of Yoga tailored to fit you. Enjoy relaxation, rejuvenation, healing and strengthening all in one. No prior experience is required and all levels are welcome. No equipment is necessary but you will want to dress comfortably. You are welcome to bring your own mat, but we do have some to share.

- Mondays & Wednesdays
- 7pm–8pm
- @ Bulter Haynes Pavilion

CALL US FOR MORE INFO @ [309.697.2944](tel:309.697.2944)

Daily: \$6
Monthly: \$25 Resident | \$30 Non-Resident

Hollis Recreation Center

10107 S. Vine Street, Mapleton, IL 61547 | Phone: 309.697.2944 (press 1)

Website: www.hollispark.org | Facebook: Hollis Park District

STAFFED HOURS:

Mon-Thurs	8am-8pm
Friday	8am-4pm
Saturday	8am-1pm



Hollis Park District
Parks and Recreational Services