



Shotokan Karate

Improve your physical and mental strength; health and fitness; stress management and self-esteem. Join instructor Jim Hartman (6th degree Black Belt) in Hollis Park District's Shotokan Karate classes.

- Mondays & Wednesdays
- 6pm–8pm
- @ Hollis Rec Center

CALL US FOR MORE INFO @ [309.697.2944](tel:309.697.2944)

Daily: \$6
Monthly: \$25 Resident | \$30 Non-Resident

Hollis Recreation Center

10107 S. Vine Street, Mapleton, IL 61547 | Phone: 309.697.2944 (press 1)

Website: www.hollispark.org | Facebook: Hollis Park District

STAFFED HOURS:

Mon-Thurs	8am-8pm
Friday	8am-4pm
Saturday	8am-1pm



Hollis Park District
Parks and Recreational Services