

Walk Fit

Join Nan Bontz, our instructor, and walk your way to better health with this low impact group exercise class for people of all ages.

****clean shoes are required**

- Mondays, Wednesdays & Fridays
- 9am–10am
- @ Hollis Rec Center

CALL US FOR MORE INFO @ 309.697.2944

Daily: \$2 | *Free to members

Hollis Recreation Center

10107 S. Vine Street, Mapleton, IL 61547 | Phone: 309.697.2944 (press 1)

Website: www.hollispark.org | Facebook: Hollis Park District

STAFFED HOURS:

Mon-Thurs	8am-8pm
Friday	8am-4pm
Saturday	8am-1pm



Hollis Park District
Parks and Recreational Services