

JiuJitsu

JiuJitsu is an ancient form of martial arts from which Judo and Brazilian Jiu Jitsu have evolved. The art involves throws, submission maneuvers and ground play. Join instructor David Bleeker (Black Belt) in Hollis Park District's JiuJitsu classes.



- Mondays & Wednesdays
- 6:30pm–8pm
- @ Hollis Rec Center
- 18 yrs or up

CALL US FOR MORE INFO @ **309.697.2944**

Daily: \$6
Monthly: \$25 Resident | \$30 Non-Resident

Hollis Recreation Center

10107 S. Vine Street, Mapleton, IL 61547 | Phone: 309.697.2944 (press 1)

Website: www.hollispark.org | Facebook: Hollis Park District

STAFFED HOURS:

Mon-Thurs	8am-8pm
Friday	8am-4pm
Saturday	8am-1pm



Hollis Park District
Parks and Recreational Services