

HOLLIS HAPPENINGS

SPRING 2022

UnityPoint Health Wellmobile

Know your numbers and be proactive with your health! Get your blood pressure, glucose/cholesterol*, and spirometry checked for FREE.



*12 hr fast required for glucose and cholesterol testing.

The Wellmobile will be at the Hollis Recreation Center on March 19th from 8am-10:30am.

Let's Play Ball!

Registration for T-Ball, Baseball and Softball is February 21 through March 5. Volunteers for coaches are appreciated. Fees for T-Ball are \$35/\$40, for Baseball \$45/\$50, & Softball \$45/\$50. A \$15 late fee after March 5.



Don't Forget!!



Closed

Hollis Recreation Center will be closed on May 30 to honor



Prox card access only!!

Looking Forward

Hunter Safety
Oz Festival
Ron Draper Fishing Derby

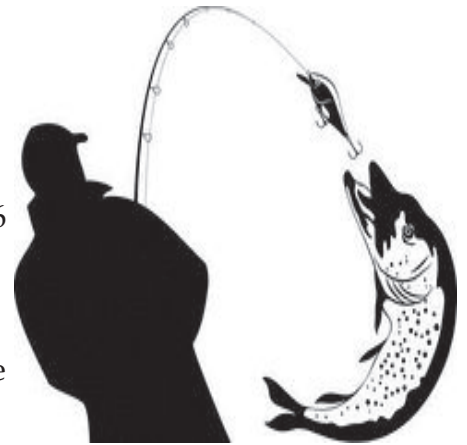
Hollis Park District has programs and activities for children and adults. Registration dates are included in the information for each program. If you have any questions please call the Hollis Recreation Center @ 309.697.2944.1 Hollis Recreation Center is located @ 10107 S. Vine Street, Mapleton, IL 61547 Like us on  Facebook @ Hollis Park District for updates on events. Check out our website @ www.hollispark.org and register for our newsletter.

Staffed Hours

Mon-Thurs.....8am-8pm
Friday.....8am-4pm
Saturday.....8am-1pm

Fishing Permits

Reed City Park and Lake will be open for fishing starting April 1st. Permit sales begin March 21st. All fishermen over 16 need to have a valid State of Illinois Fishing License AND a permit issued by Hollis Park District. Please visit the Hollis Recreation Center for the rules,



regulations and to purchase your permit. You may pre-register online to make purchasing permits easier! *Proof of Residency Required.* Fishing allowed on Wednesday for Seniors/Veterans and Friday through Sunday for others.

Permits are FREE for Residents. \$50 Non-Resident Senior/Veteran, \$75 Non-Resident Adult or Non-Resident Senior/Veteran Couple, \$125 Non-Resident Adult Couple, \$25 Weekend Pass, \$10 Adult Day Pass, & \$5 Senior Day Pass.

Preschool Registration

It's time for Me & My Friends Preschool registration!



It begins April 1 & that's no joke!

Non-refundable Registration is \$25, Monthly 3 Year old \$60 & Monthly 4 Year Old \$80. Children must be 3 or 4 by Sept 1.

Easter Egg Hunt

Easter is approaching, so mark your calendars for Hollis Park Districts Easter Egg Hunt! Cost is FREE!! The Hunt takes place April 16th at Butler Haynes Pavilion. Children Preschool-3rd grade join the fun from 9am-10am!



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Senior Luncheon

Come join us each month for food, stories & BINGO. At this time the park district will be providing the food to maintain CDC/CoVid protocol. Just bring yourself & have a great time!



The dates are February 9th, March 9th, April 13th & May 11th. Ages 55 and over welcome! Fun begins at Noon and goes through 2pm at the Butler Haynes Pavilion. Best of all, it's FREE!!

Open Pickleball

Open Pickleball is low impact exercise for all ages. Come join in the fun. We have paddles and balls available. Easy to learn and fun to play.



The courts are open every Tuesday & Thursday from 10am-Noon at the Hollis Recreation Center. There is no cost for members and all others will be charged a \$2 daily fee.

Softball Pitching Lessons

Clint Wilson is a former pitcher who played men's fast pitch. Girls will learn the basics of pitching as well as fine tuning for advanced pitchers. Clint will teach mechanics, proper arm slot, proper grips for pitchers, exercises for pitchers as well as mental aspect of pitching.



Classes are held Thursday or Saturday from 1pm-9pm through May, 2022. Ages 8yrs and older please. Lessons are held at Hollis Recreation Center. Cost is \$35 per 45 min lesson.

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Walk Fit

Walk your way to better health with this low impact group exercise class for people of all ages.

Instructor Nan Bontz teaches this class Monday, Wednesday, & Friday from 9am-10am at the Hollis Recreation Center. FREE to members or a daily \$2 fee for non-members.



Shotokan Karate

Improve your physical and mental strength, health and fitness, stress management and self-esteem.

Instructor Jim Hartman is a 5th Degree Black Belt. Classes are held Monday & Wednesday from 6pm-8pm at the Hollis Recreation Center. The cost is \$6 daily or a monthly fee of \$25 for Residents & \$30 for Non-Residents.



Yoga

Explore the many benefits of Yoga tailored to fit you. Enjoy relaxation, rejuvenation, healing and strengthening all in one with

Instructor Gayle Carrillo. No prior experience required. No equipment necessary but dress comfortably. Classes are Monday & Wednesday from 7pm-8pm at the Butler Haynes Pavilion. The cost is \$6 daily or a monthly fee of \$25 for Residents & \$30 for Non-Residents.



Judo

Judo classes with Instructor George Weers offer fitness, fun and self-confidence. Participants will develop basic principles of coordination, balance, falling safely and techniques. Classes are held Tuesday & Thursday at Hollis Recreation Center. Times are 8am-9:30am for Competitive or 6:30pm-8pm for Adults & Kids. The cost is \$6 daily or a monthly fee of \$25 for Residents or \$30 for Non-Residents.



Get Physical

We have a wide variety of memberships available. As well as daily fitness prices for our Cardio and Weight Rooms. Ask a Receptionist for more information.



Hollis Park Districts
Parks and Recreational Services